

Our Integrated Housing Support service is available for people aged 18 and older who are homeless, at risk of homelessness and who have multiple, co-occurring needs.

Eligibility for housing is not contingent on any conditions other than willingness to maintain a tenancy.

Housing First is a system of support for people with high complex needs, whom are homeless or at risk of homelessness. It is designed to support people to access and move into their own, permanent, self-contained accommodation effectively and as quickly as possible with support built around their needs, rather than expecting them to pass through a hostel or other interim housing where they are 'prepared' for longer term accommodation which they would move on to.

There are a set of core principles for Housing First. These are:

- Housing is a human right
- Service users should have choice and control
- Housing is not conditional on support or treatment
- The approach is recovery oriented
- The approach is one of harm reduction
- There is active engagement without coercion
- Planning is person-centred, delivered in a psychologically-informed, trauma-informed, gender-informed way
- Support is flexible which can be scaled up or down and is available as long as required



This is a service delivered to you by Hafan Cymru and Nacro, funded by Carmarthenshire County Council.



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Integrated Housing Support Service

The support offered will look to stabilise behaviour and enable individuals to develop the confidence and skills required to live independently and successfully in a permanent tenancy. In doing so, the service will look to motivate and support people to make positive changes in their lives; to address underlying causes of their difficulties and to engage in meaningful activities such as training, volunteering and employment opportunities when they determine they are ready.

Other benefits include:

- Tenants will not lose their housing if they disengage or no longer require the support.
- Support is provided for as long as each client requires it.
- The offer of support stays with the person – if the tenancy fails, the individual is supported to acquire and maintain a new home.
- Service users will have the choice, where possible, about where they live and what sort of housing they have.
- Goals are not set by Hafan Cymru and Nacro, service users are given the lead to shape the support they receive.

Referrals into the service will be made through the Carmarthenshire's Housing Options team who will act as a single point of access.

Referrals will be accepted by Housing Options from any agency or individual person including family, friends and self-referrals.



The aim of this service is to reduce homelessness by providing housing support to people who have complex needs in a range of accommodation.

Mae ein gwasanaeth Cymorth Tai Integredig ar gael i bobl 18 oed a hŷn sy'n ddiartref, y mae perygl iddynt fod yn ddiartref, ac sydd ag anghenion lluosog sy'n cyd-ddigwydd.

Nid yw cymhwysedd ar gyfer tai yn ddibynnol ar unrhyw amodau heblaw parodrwydd i gynnal tenantiaeth.

System o gymorth i bobl ag anghenion dwys, cymhleth, sy'n ddiartref neu y mae perygl iddynt fod yn ddiartrefedd, yw Tai yn Gyntaf. Mae wedi'i dylunio i gynorthwyo pobl i gael mynediad cyn gynted â phosibl at eu llety parhaol, hunangynhwysol eu hunain, a symud iddo, a hynny gyda chymorth wedi'i adeiladu o amgylch eu hanghenion, yn hytrach na disgwyl iddynt basio trwy hostel neu lety interim arall, lle cânt eu 'paratoi' ar gyfer llety mwy hirdymor y byddent yn symud ymlaen iddo.

Mae yna set o egwyddorion craidd ar gyfer Tai yn Gyntaf, sef:

- Mae cael cartref yn hawl ddynol
- Dylai defnyddwyr y gwasanaeth gael dewis a rheolaeth
- Nid yw cartref yn amodol ar gymorth na thriniaeth
- Mae'r ymagwedd yn canolbwyntio ar adferiad
- Yr ymagwedd yw lleihau niwed
- Mae yna ymgyssylltiad gweithredol heb orfodaeth
- Mae'r gwaith cynllunio yn canolbwyntio ar yr unigolyn, ac yn cael ei ddarparu mewn ffordd sy'n ystyriol o seicoleg, trawma a rhywedd
- Mae'r cymorth yn hyblyg, a gellir ei gynyddu neu ei leihau, ac mae ar gael cyhyd ag y bo angen.



Mae hwn yn wasanaeth a ddarperir i chi gan Hafan Cymru a Nacro, wedi'i ariannu gan Gyngor Sir Caerfyrddin.

Bydd y cymorth a gynigir yn ceisio sefydlogi ymddygiad, a galluogi unigolion i ddatblygu'r hyder a'r sgiliau sy'n ofynnol i fyw'n annibynnol ac yn llwyddiannus mewn tenantiaeth barhaol. Wrth wneud hynny, bydd y gwasanaeth yn ceisio cymell a chefnogi pobl i wneud newidiadau cadarnhaol yn eu bywydau, mynd i'r afael ag achosion sylfaenol eu hanawsterau, a chymryd rhan mewn gweithgareddau ystyrlon, er enghraifft hyfforddiant, gwirfoddoli a chyflogaeth pan fyddant yn teimlo eu bod yn barod.

Mae'r buddion eraill yn cynnwys y canlynol:

- Ni fydd tenantiaid yn colli eu tai os byddant yn ymddieithrio neu os nad oes angen y cymorth arnynt mwyach.
- Darperir cymorth cyhyd â bod ei angen ar bob cleient.
- Bydd y cynnig o gymorth yn aros gyda'r unigolyn – os yw'r denantiaeth yn methu, cefnogir yr unigolyn i gael cartref newydd, a'i gynnal.
- Bydd gan ddefnyddwyr y gwasanaeth ddewis, lle bo hynny'n bosibl, ynghylch lle y maent yn byw a pha fath o gartref y maent yn ei gael.
- Nid yw Hafan Cymru a Nacro yn gosod nodau, caiff defnyddwyr y gwasanaeth arwain y ffordd o ran llunio'r cymorth a gânt.

Gwneir atgyfeiriadau at y gwasanaeth trwy Dîm Opsiynau Tai Sir Gaerfyrddin, a fydd yn gweithredu fel yr unig bwynt mynediad.

Derbynnir atgyfeiriadau gan y Tîm Opsiynau Tai gan unrhyw asiantaeth neu unigolyn, gan gynnwys teulu, ffrindiau a hunan-atgyfeiriadau.



Gwasanaeth Cymorth Tai Integredig



Nod y Gwasanaeth Cymorth Tai Integredig hwn yw lleihau digartrefedd trwy ddarparu cymorth tai mewn amrywiaeth o lety i bobl sydd ag anghenion cymhleth.