

# TRAINING OPPORTUNITY FOR COUNSELLORS AND PSYCHOTHERAPISTS

## Understanding the Impact of Childhood Sexual Abuse & Working Safely and Sensitively with Adult Survivors

Saturday 19th & Saturday 26th October 2019

**Trainer:** Val Allen

**Venue:** National Botanical Gardens of Wales, Carmarthen

**Time:** 9:30am - 4:30pm Lunch will be provided

### Overview:

To raise awareness and increase understanding of the main issues surrounding childhood sexual abuse in order to work safely and sensitively in a therapeutic setting, with adults who have experienced childhood sexual abuse.

### Day One - Saturday 19th October 2019

Definitions of Childhood Sexual Abuse  
Prevalence and who are the abusers  
Secrecy and issues around Disclosure  
Long and Short Term Effects of Childhood Sexual Abuse  
Stages of Recovery  
Impact on ourselves

### Day Two - Saturday 26th October 2019

Where to start? - assessing the client's need  
Childhood Trauma and Attachment  
Issues for survivors as parents  
Working with male survivors - significant factors  
Addressing Shame,  
Betrayal, Powerlessness and Sexual Traumatization

**Cost: £80 per day or £140 for two days**

**Early Bird: £70 per day or £120 for two days (Book by 15th September)**

**Students: £60 per day or £110 for two days**

Cost includes entry to the gardens, lunch and refreshments

For more information and a Booking Form form please contact  
serencounsellingproject@hafancymru.co.uk or call 01267 225569



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